
First Communion Learning: **Session Three:** **Jesus is With Us in Communion**

Trinity Lutheran Church

www.tlcsparta.org email: pastor.tlcsparta@gmail.com

Dear Families of Trinity Lutheran Church, Welcome to this time of learning about being Fed and Forgiven, about what Holy Communion is, and about the love of Jesus for all of us!

This resource is the session plan for learning. You will find instructions to follow for our learning together. God's peace, have fun together, and know that you are loved!

--Pastor Mark Kvale

Family Time

-During this time of pandemic, when we at Trinity have been worshipping together from home, we have had the opportunity to try new things. Included in this is celebrating Holy Communion 'online.'



Sessions and Schedule

September 27-October 4

God Cares for Us!

October 4-11

Jesus Gave Us a Special Meal

October 11-18

Jesus is With Us in Communion

October 18-25

Jesus Offers Enough for All

****October 25**

First Communion!!

***** You can access the video for our learning times by going to our website:**

www.tlcsparta.org

Look for the link to 1st Communion Learning



For more information, please read this article https://ee335903-9fe2-42b7-bb6e-e121006880ee.filesusr.com/ugd/c298f9_4392d88da05f45c5b56a35f0f7129f71.docx?dn=Regarding%20Holy%20Communion%20in%20this%20time%20of

In this article, families are asked to create a worship space in their home.

-You are invited to create a worship space together as a family. Think about what should be included (for example, a table, candles, bible, plants, etc.) When kids are baptized at Trinity, they are given a faith chest. Perhaps the faith chest could be incorporated into the worship space.

-As you get ready to watch the video from Pastor Mark, please share the Big Idea for this session:

One of the ways we know Jesus is with us all the time is through the actions of others. When someone is kind or helpful to us, we can see the actions Jesus taught us. That helps us remember Jesus is with us. We especially know Jesus is with us in communion. We know this because he promised he would be, and because during communion, we can see, hear, feel, taste, and smell something that shows us he is with us

With Pastor Mark

-please start the video (www.tlcsparta.org)

-Opening Prayer

Dear God, thank you for all that you do for us today and every day. Thank you for sending Jesus for us. Thank you for holy communion. Help us to learn more about that gift in our time together today. Amen.

-Supper at Emmaus (Luke 24.13-35)

-After this story, please pause video and spend some time with these questions:

Family Time

-I wonder what the followers were talking about as they walked along?

-I wonder why the followers didn't recognize Jesus on the road?

-What did Jesus do during the meal?

-I wonder why they finally realized it was Jesus when he broke and shared the bread?

-After this sharing time, please resume watching the video.

With Pastor Mark

-Please resume the video

-Just as Jesus with his followers at the table in Emmaus, he is with us in holy communion. We can't see him, but he is with us just as he was with them. Jesus is truly with us in the bread and wine of holy communion—not in a weird or yucky way, but in a very loving way. No one understands exactly how Jesus is truly in the bread and wine—not me, not your parents, not even our Bishop! It's a mystery. We trust Jesus' promise that he is with us when we share this meal. When we eat the bread, drink the wine, and gather with others at the table, we can touch, feel, taste, and smell something that tells us that Jesus is with each one of us.

-Communion Research Labs; "It's a Mystery!"

-After this segment, please pause the video and spend time with these questions:

Family Time

- Who was Jacob look for in the bread? Why?
- Who did Julie say knows how Jesus is in the bread?
- How does Julie explain how Jesus is in the bread?
- How would you explain it to someone else?

- How do you celebrate?
- What are we celebrating when we share communion?

-Have kids open the learner leaflet and look together at the pictures illustrating the story of the supper at Emmaus. Invite them to write or draw what the two followers of Jesus may have been thinking or saying in each part of the story.

With Pastor Mark

-Please resume the video

-The Great Thanksgiving (Pastor Mark will go through the service, and will show the kids how to respond in each part of the great thanksgiving.

-Closing Prayer

Dear God, thank you for the celebration of Holy Communion and the celebration of Jesus' presence every day. Thank you for helping us learn together today. Amen.

Family Time

-Have kids turn to page 4 of their learner leaflets. Read the instructions together, and invite kids to write or draw ways that everyday meals are celebrations of Jesus' presence.

-Look at the Take-Home Page together, think of ways to use it in the coming week.

-Close by praying for each other and blessing each other.

Close time by praying for each other, and blessing each other.